



February 2017 Event

***Our Hearts Beat
For Horsham...***

***Happy & Healthy
for 300 years!!***



Date: Saturday, February 11, 2017

Time: 10:00am to 3:00pm

Location: Simmons Elementary School

411 Babylon Road

Horsham, PA 19044

Parking: Park in Simmons Lot

Cost: Free



Please join us in celebrating 300 years of happy and healthy lifestyles in Horsham! Our goal is to collect 100 pints of blood to support the local blood banks and help save potentially 300 lives! Please register at www.redcross.com to donate blood. The Red Cross Canteen will be set up for all donors to receive a snack after giving. At the Health Fair, you will have a chance to speak with local health providers and organizations who will distribute useful resources for you and your family. The Zero Gravity Jump Rope Team will be performing a stunning show that you don't want to miss! Families will be able to compete in jump rope contests and physical fitness activities to win prizes. Before you leave the event, be sure to grab a healthy treat, get the cancellation stamp for your Tricentennial passport, and take a family picture with the Social Media Photo Frame.

- * 100 Pint Blood Drive
- * Community Health Care Programs
- * Zero Gravity Jump Rope Team
- * Fitness Activities for All Ages
- * Community Health Resources
- * Nutritional Information
- * Local Health Services
- * Lifestyle Information and Screenings

"The first wealth is health!" – Ralph Waldo Emerson

When adding pictures to social media, please use our hashtag! We would love to see your pictures!

#HappyHealthy300 #Horsham2017